

Statistics

It is a group activity helping to break the ice at the beginning of workshops or seminars. Participants get to know each other in a non-formal way and it relaxes the atmosphere.

10-15 min

Group activity

Material: ---

Why should I, as a coach, master this method?

Break the ice, let people move around so they can get in touch with more participants than just the ones sitting next to them.

Description:

The participants stand in two rows next to each other according to the area code. The trainer now is indicating the criteria for separating by which the participants should line up. So the participants can exchange for one minute, afterwards one of the rows will change places until the order is correct again.