

Zip-Zap-Game

This game helps to lighten up training, workshops and seminars.

10 min

Group activity

Material: ---

Why should I, as a coach, master this method?

When the group needs a break and a feeling of lightness, this game is ideal because it needs the focus of all participants.

Description:

The group forms a circle. One person stands in the center. He/she points to a person in the circle and says „Zip“. The addressed person has to name his/her left neighbor. – When it's "Zap" the right neighbor. The one who hesitates too long or even makes a mistake, has to go to the center.