

Solution generator

This tool helps to generate various solutions for identified problem and prepare brief plan of its implementation. It use both individual and group work.

Why should I, as a coach, master this method?

The Solution generator is an entertaining technique, which is used mostly in group coaching. This technique helps young people improve the abilities to find solutions of the problem and to plan implementation of the best solution.

Concise and accurate description:

Goals of the technique:

- 1. To learn how to better solve problems.**
- 2. To find innovative solutions for identified problem.**
- 3. To think how the limitations can influence on problem solution.**

1. Split participants into groups of 3-5 people. Each group will try to find solution for the same problem.
2. Ask each person to write down at least 5 solutions of the problem you are trying to solve. Each idea should be written down on separate post-it note.
3. Each participant presents solution in a group and have 1 minutes to tell a few words about each idea.
4. Ask participants if there are any similar ideas in their group.
5. Ask them to choose 4 ideas they perceive as most interesting and efficient.
6. Give each group attached form (solution generator).
7. Ask them to fill in the boxes: problem and solutions. Make it challenging and ask to write down just one short sentence which explains solution.
8. Ask groups to find out at least 8 things related with the idea which are necessary to implement it: who need to be involved, what kind of support is needed, are there any ideas how to promote it.
9. At the end ask each group to present all ideas.
10. Start discussion: are there any similar solutions, any unique?
11. Choose together 4 ideas. If you have problem how to do it and it's not obvious: give each participant 5 points that he/she can split between ideas: giving one point to 5 different solution, or 5 to one about which he/she thinks it is absolutely amazing.
12. Mix groups.
13. Give each group new form and ask them to write down a problem and 4 chosen solutions.
14. Ask group to find out at least 8 things related with the idea which are necessary to implement it: who need to be involved, what kind of support is needed, are there any ideas how to promote it.
15. Discuss ideas and descriptions. Prepare to each idea separate poster with short plant how it can be implemented.